

SSKIN BUNDLE

Surface:

Make sure your patients are seated and lying on the correct support surface.

Movement:

Keep your patient moving.

Incontinence/Moisture

Make sure your patients are not lying or sitting on a wet surface. Keep skin clean and moisturised.

Skin Inspection:

Early inspection means early detection. Show patients and carers what to look for.

Nutrition/Hydration

Help patients have the right diet and fluid intake.

SSKIN

Ref: <http://www.hse.ie/pressureulcertozero>